MD Anderson BEST provides education through expert presentations on topics relevant to those living with a brain tumor. Each talk is followed by a support group discussion.

Second Tuesday of Every Month
12 to 1:30 p.m.

In person: MD Anderson Brain and Spine Center
1515 Holcombe Blvd., Houston, TX 77030
Main Building, Floor 7, Elevator B

Online: Contact us for the link to join remotely from your computer or smartphone.

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2019 Schedule

January 8
Cognitive changes

February 12
Seizures

March 12
Expert panel: Brain metastasis

April 9
Maximizing your function to improve quality of life

May 14
BRAIN TUMOR AWARENESS MONTH
Expert panel: Primary brain tumors

June 11
Navigating relationships

July 9
Advance care planning and disability

August 13
 Debunking diet myths

September 10
Side effects

October 8
Expert panel: Primary brain tumors

November 12
Fatigue

December 10
Clinical trials

Light meal and valet parking validation provided. No soliciting.

Join our community:

Facebook: /MDAndersonBrainandSpine
Twitter: @MDABrainSpine