



# An Evening with Dean Ornish, M.D.

## THE POWER OF PERSONALIZED LIFESTYLE CHANGES

Chosen by *Forbes* magazine as “one of the seven most powerful teachers in the world,” Ornish will discuss how making simple behavioral changes can lower your chances of getting many common diseases. He also will share how you can personalize your diet and lifestyle habits based on your needs and preferences.

## Monday, April 12

5:30 p.m. Check In • 6:00 p.m. Program

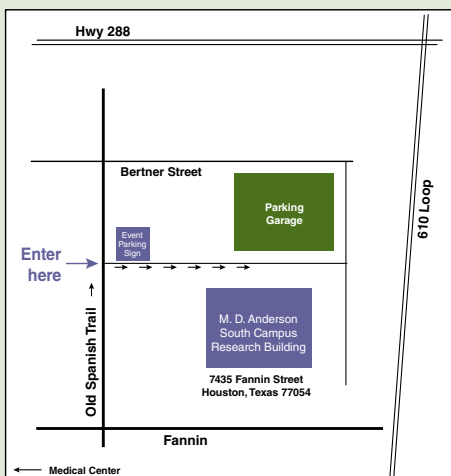
South Campus Research Building  
7435 Fannin Street at Old Spanish Trail  
Houston, TX 77054

### Free Registration:

Advance registration is required as seating is limited.  
The registration deadline is April 5.

There are two ways to register:

- E-mail [publiced@mdanderson.org](mailto:publiced@mdanderson.org)
- Call 713-745-0549



### Free Parking:

Parking is free at the South Campus Research Building. From Old Spanish Trail, turn at the event parking sign between Fannin and Bertner. Go straight, and the parking garage will be on your left. The event will be held in the building to your right.



Ornish's new book, *The Spectrum*, will be available for purchase. A brief autograph session will be held.

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