



# IMPROVE YOUR HEALTH. IMPROVE YOUR LIFE.

*Eat Fit. Live Fit. Work Fit.*

## INTRODUCING MY FIT FOODS — MAKING YOUR LIFE EASIER ONE MEAL A TIME!

Effective January 1, 2013, MD Anderson employees are eligible to receive a 15% discount on all My Fit Foods purchases at retail locations when presenting your my Fit Foods Discount Card. Please note: the Discount Card is not valid at HEB.

To apply for your card, please complete the attached registration form and e-mail to: [cwcards@myfitfoods.com](mailto:cwcards@myfitfoods.com).

My Fit Foods provides fresh, perfectly-portioned, healthy meals and snacks that are well balanced in nutrients that promote increased energy, proper insulin control, and weight management. My Fit Foods services range from structured meal plans designed to build healthy eating habits to help you achieve your personal health and fitness goals, as well as weekly grocery shopping. My Fit Foods can also serve as your convenient, healthy, fast food option. With over 52 menu varieties available, there is something for everybody.

Your Discount Card will be mailed to you within 3 weeks. Please contact My Fit Foods at 713-781-0877 if you have any questions.





# Discount CARD REGISTRATION

## FULL NAME

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First Name

Middle Initial

Last Name

## ADDRESS

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Street Address 1

Street Address 2

City

State

Postal Code / Zip Code

E-Mail Address

Phone Number

## COMPANY INFORMATION

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Company Name: MD Anderson Cancer Center

Street Address

City

State

Postal Code / Zip Code

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**E-mail completed form to [cwcards@myfitfoods.com](mailto:cwcards@myfitfoods.com). Your discount card will be mailed to you within 3 weeks.**