Symposium Information for Attendees

The University of Texas System

Beyond Resiliency Training
A WELCOME FROM DR. RAY GREENBERG

On behalf of The University of Texas System, I welcome you to the 2017 Beyond Resiliency Training Symposium. We are glad you have joined us here in Houston, Texas – a truly resilient city. In the wake of Hurricane Harvey, it is apparent when a group of people come together with helping and healing as their mission – solutions are found and lives are improved, and in some cases, even saved. That’s what our objective is at the Beyond Resiliency Training Symposium.

We expect this year’s theme – Organizational Strategies to Alleviate Burnout and Increase Wellness in Academic Medicine – will prompt an open dialogue with internationally renowned thought leaders on the subject of physician stress and burnout. We look forward to meeting the challenge, exploring solutions, and redefining and advocating new models of care. Our main goal is to move beyond a band-aid approach of resiliency and vitality training by exploring innovative solutions that will significantly diminish physician exhaustion and stress and improve wellness – not just at UT System Institutions, but at medical institutions throughout the United States.
Right now, physician burnout is at epidemic proportions in this country. The majority of today’s physicians experience emotional and physical exhaustion that affects not only their health, but also that of their patients, students, and of health care delivery systems as a whole. Your involvement at this Symposium can only help all of us meet the challenge of burnout.

I’d like to thank each of you for attending Beyond Resiliency Training and bringing your expertise to our gathering. We appreciate your engaging in this larger conversation, and we urge you to share what you learn at this Symposium with your organizations.

Warm regards,

[Signature]

Raymond F. Greenberg
For a complete program description and speaker bios visit: utsystem.edu/sites/beatburnout

SCHEDULE

DAY 01 | 09.25.17
BREAKFAST & CHECK-IN
7:30 AM - 8:00 AM

WELCOME & INTRODUCTION
8:00 AM - 8:30 AM

MORNING PLENARY
8:30 AM - 9:45 AM
  
  Keynote: Meeting the Challenge of Burnout
  Keynote Speaker: Christina Maslach

9:45 PM - 10:15 AM
  
  Presentation: Joy in Practice
  Speaker: Christine Sinsky

MORNING BREAK
10:15 AM - 10:30 AM

10:30 AM - 11:00 AM
  
  Presentation: Transforming Ambulatory Practice
  Speaker: Thomas Bodenheimer

11:00 AM - 11:30 AM
  
  Presentation: Exploring Solutions in Education and Training
  Speaker: Colin West
CATERED LUNCH
11:30 AM - 1:00 PM

12:00 PM - 12:30 PM

Doctors on Life Support: Inside the Movement to Save the Mental Health of America’s Physicians
Speaker: Mandy Oaklander

12:30 PM - 12:45 PM

The National Academy of Medicine Action Collaborative on Clinician Well-Being and Resilience
Speaker: Charlee Alexander

AFTERNOON PLENARY
1:00 PM - 1:45 PM

Panel Discussion: Organizational Initiatives to Combat Physician Burnout
Panelists: Clay Johnston, Christine Sinsky, Lucia Siegel Sommers
Moderator: Martha Gerrity

1:45 PM - 2:45 PM

Keynote: Exploring Solutions in Physician Leadership, Community Building, and Faculty Voice
Keynote Speaker: Tait Shanafelt

AFTERNOON BREAK
2:45 PM - 3:00 PM
DAY 01 | 09.25.17
BREAKOUT 1: CONCURRENT SESSIONS
3:00 PM - 4:00 PM

Medical School and Residency Training
Moderators: David Callender, Colin West
Reporter: Dwain Thiele

3:00 PM - 4:00 PM

Physician Leadership, Community Building, and Faculty Voice
Moderators: Tony Cucolo, R. Kevin Grigsby, Tait Shanafelt
Reporter: Suman Challa

BREAKOUT 2: CONCURRENT SESSIONS
4:00 PM - 5:00 PM

Clinical Optimization and Medical Documentation
Moderators: Thomas Bodenheimer, Christine Sinsky
Reporter: Gurur Biliciler-Denktas

4:00 PM - 5:00 PM

Redefining and Advocating New Models of Care
Moderators: Clay Johnston, William Tierney
Reporter: Shan Zhao

POSTER SESSION
5:00 PM - 6:00 PM

SYMPOSIUM DINNER AT HOTEL ZAZA
7:30 PM - 9:00 PM
DAY02|09.26.17

BREAKFAST
7:45 AM - 8:15 AM

PLENARY
8:15 AM - 8:30 AM

Welcome
Speaker: Raymond Greenberg

8:30 AM - 9:15 AM

Panel Discussion: Summary Report
Day 1 Breakout Sessions
Panelists: Gurur Biliciler-Denktas, Suman Challa, Dwain Thiele, Shan Zhao
Moderator: Warren Holleman

9:15 AM - 10:15 AM

Presentation: Exploring Solutions in Changing the Value System and Re-aligning the Financial Structure of the Institution
Speaker: Darrell Kirch

MORNING BREAK
10:15 AM - 10:30 AM

10:30 AM - 11:30 AM

Panel Discussion: Structural Interventions for Physician Burnout: What Do Evidence-Based Approaches Tell Us?
Panelists: Martha Gerrity, Brian Lucas, Christopher Parshuram
Moderator: Colin West

CONCLUDING REMARKS
11:30 AM - 12:00 PM
SPECIAL THANKS TO THE UNIVERSITY OF TEXAS SYSTEM’S:

DR. RAYMOND GREENBERG
Executive Vice Chancellor, Health Affairs

DR. STEPHANIE A. BOND HUIE
Vice Chancellor, Office of Strategic Initiatives

FACULTY ADVISORY COUNCIL

STEERING COMMITTEE FOR THE BEYOND RESILIENCY TRAINING SYMPOSIUM

OFFICE OF STRATEGIC INITIATIVES

THANK YOU TO OUR SPONSORS:

Speakers: Jonathan Cheng, Ann Killary

The University of Texas System
Fourteen institutions. Unlimited possibilities.

UT Southwestern Medical Center

UTMB

The University of Texas Health Science Center at Houston

UT Health San Antonio
THANK YOU TO OUR SPEAKERS, PANELISTS, AND MODERATORS.

SHUTTLE SCHEDULE

DAY01 | 09.25.17
6:00 PM - 6:30 PM

Shuttles will depart from MD Anderson Blvd (the east side of the building) for Hotel ZaZa at 6:00 p.m. until 7:30 p.m. There are no return shuttles to MD Anderson this evening.

DAY02 | 09.26.17
6:30 AM - 8:00 AM

Shuttles will leave Hotel ZaZa beginning at 6:30 a.m. until 8:00 a.m. There are no return shuttles to Hotel ZaZa today. We have a list of taxis at the registration table.
SPEAKERS

Keynote Speaker (KS)
Speaker (S)
Steering Committee (SC)

Charlee Alexander (S)
Program Officer, National Academy of Medicine

Gurur Biliciler-Denktas, MD (S) (SC)
Associate Professor, Pediatric Cardiology, UTHSCH

Sean C. Blackwell, MD (SC)
Professor & Chair, Dept of Obstetrics, Gynecology, & Reproductive Sciences, UTHSCH

Thomas Bodenheimer, MD (S)
Professor Emeritus of Family & Community Medicine, University of California, San Francisco

Paul Bristol, MBA (SC)
Assoc. VP, Academic Development & Planning, UTMB

Maureen Cagley, MBA (SC)
VP for Academic Operations, UTMDA

David Callender, MD (S)
President, UTMB

Suman Challa, BDS (S) (SC)
Assoc. Professor, Comprehensive Dentistry, UTHSCSA

Jonathan Cheng, MD (S) (SC)
Associate Professor of Plastic Surgery & Chief of Hand, Peripheral Nerve, and Microvascular Surgery, UTSMC and Children’s Medical Center (Dallas)

Tony Cucolo (S) (SC)
Associate Vice Chancellor, Academic Affairs, UT System

Martha Gerrity, MD (S)
Professor, Oregon Health and Science University; Staff Physician, VA Portland Health Care System

Raymond Greenberg, MD, PhD (S) (SC)
Executive Vice Chancellor for Health Affairs, UT System

R. Kevin Grigsby (S)
Senior Director, Association of American Medical Colleges

Warren Holleman, PhD (S) (SC)
Professor, UTMDA

S. Claiborne “Clay” Johnston, MD, PhD (S)
Dean, Dell Medical School and Vice President, Medical Affairs, UT Austin

Ann Killary, PhD (S) (SC)
Professor, UTMDA

Darrell Kirch, MD (S)
President & CEO, Association of American Medical Colleges

Brian Lucas, MD (S)
Associate Professor, Geisel School of Medicine, Dartmouth College
Christina Maslach, PhD (KS)
Professor of Psychology,
University of California,
Berkeley

Jeffery Matthews, MD (SC)
Assoc. Professor of Medicine,
UT Health Northeast

Mandy Oaklander (S)
Deputy Health Editor, Time
Magazine

Christopher Parshuram, MD (S)
Staff Physician, Critical Care
Medicine, Scientist, Professor,
The Hospital for Sick Children;
Toronto, Ontario

Catherine Ross, PhD (SC)
Associate Professor of English,
University of Texas at Tyler

Anne B. Sereno, PhD (SC)
Professor of Neuroscience,
UTHSCH

Tait Shanafelt, MD (KS)
Chief Wellness Officer, Clinical
Instructor, Stanford School of
Medicine

Christine Sinsky, MD (S)
VP, Professional Satisfaction,
American Medical Association

Lucia Siegel Sommers, PhD (S)
Assistant Adjunct Professor,
University of California,
San Francisco

Dwain Thiele, MD (S)
Vice Provost & Sr. Assoc. Dean,
Faculty Affairs & Initiatives,
UTSMC

William Tierney, MD (S) (SC)
Chair & Professor, Department of Public Health, Dell Medical
Colin West, MD (S)
Professor of Medicine,
Medical Education, &
Biostatistics, Mayo Clinic

Shan Zhao, MD (S) (SC)
Senior Director, Dept.
Admin. for Dept of Medicine,
UTHSCSA

Institution Abbreviations:

The University of Texas
System (UT System)
The University of Texas
Southwestern Medical Center
(UTSMC)
The University of Texas
Medical Branch at Galveston
(UTMB)
The University of Texas
Health Science Center at
Houston (UTSCH)
The University of Texas
Health Science Center at
San Antonio (UTHSCSA)
The University of Texas MD
Anderson Cancer Center
(UTMDA)
The University of Texas Health
Science Center at Tyler (UT
Health Northeast)
FEEDBACK & AMA PRA Category 1 Credits™

Thank you for your attendance and participation. We would like to invite you to take a moment to provide feedback about the activity. If needed, you can also claim AMA PRA Category 1 Credits™ or attendance credit for your participation.

To claim AMA PRA Category 1 Credits™ or attendance credit for your participation at this activity, you will need to go online and complete the Evaluation and CME Verification Form. Once this form is submitted you will be able to print your certificate or save it as a PDF.

The Evaluation and CME Verification link will be accessible until October 10, 2017.

To submit a CME Verification and Evaluation Form after this date, please contact the Department of CME/Conference Management at 713-792-5357 or email kjenglish@mdanderson.org.

You can access the Evaluation and CME Verification Form either one of the following ways:

1. Scan the QR code:

2. Enter the following URL address into your web browser (case sensitive):


If you are on faculty/staff at The University of Texas MD Anderson Cancer Center, the CME credits claimed will be added to your continuing medical education record through CME/Conference Management.

Thank you for participating in this educational activity.
EDUCATIONAL OBJECTIVES

After participating in this activity, the participant should be able to:

• Implement changes and structural interventions to create a culture of well-being to manage stress and burnout based on evidence-based approaches, spanning the entire academic lifecycle of burnout from medical school through graduate medical education and into clinical practice (knowledge, competence, performance, patient outcomes)

• Improve the efficiency and effectiveness in health care delivery by identifying why burnout occurs and how to improve work-life balance, conditions and environments (knowledge, competence, performance, patient outcomes)

• Utilize resources to prevent burnout, enhance satisfaction and work life fulfillment to healthcare professionals in the UT System (knowledge, competence, performance, patient outcomes)

ACCREDITATION/CREDIT DESIGNATION

The University of Texas MD Anderson Cancer Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Texas MD Anderson Cancer Center designates this live activity for a maximum of 11.25 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This live activity has been designated by The University of Texas MD Anderson Cancer Center for 11.25 AMA PRA Category 1 Credits™ in medical ethics and/or professional responsibility.

The University of Texas MD Anderson Cancer Center Disclosure Policy for Program Chairs, Planning Committee Members, Teachers, or Authors and CME Activity Reviewers

It was determined during the planning process that the content of this CME activity is not related to the products or services of a commercial interest. Therefore, there are no relevant financial relationships to identify, and no conflicts of interest to identify or resolve. (ACCME 11/25/14)

© 2017 The University of Texas MD Anderson Cancer Center. All rights reserved. No part of this work can be reproduced, distributed, or otherwise used without the express permission from The University of Texas MD Anderson Cancer Center.

All statements and opinions contained herein are solely those of the individual speakers and may not reflect those of The University of Texas MD Anderson Cancer Center.
[FIRST NAME]
[LAST NAME]

[INSTITUTION LINE 1
INSTITUTION LINE 2
INSTITUTION LINE 3]