BEYOND RESILIENCY TRAINING
Organizational Strategies to Alleviate Burnout and Increase Wellness in Academic Medicine

THE UNIVERSITY OF TEXAS SYSTEM

SEPTMBER 25-26 • 2017 | UT MD ANDERSON • HOUSTON • TX
The University of Texas System

Texas\textsuperscript{14}

“Texas to the 14\textsuperscript{th} Power”

14 institutions:

- 6 Health Institutions
- 8 Academic Institutions
  - 2 with new medical schools
- 1 Administrative HQ
Size and Scope and Scale of the University of Texas System

• Our 14 institutions have:
  – 110,000 Employees
  – 228,000 Students
  – Most recently awarded over 57,000 degrees
  – Operate on a $17.9B budget
  – Produced $2.7B in research expenditures
The University of Texas Health Enterprise 2016

UT Health Institutions provided care for:

- 94,004 hospital admissions in UT owned hospitals
- 1.6 million hospital days in UT owned and affiliated hospitals
- 7.9 million outpatient visits in UT owned and affiliated facilities

UT medical schools and health science centers enroll:

- 3,900 medical students
- 4,200 residents in ACGME accredited programs
The University of Texas System Faculty Advisory Council (FAC)

- Elected faculty senate presidents (chairs) and one other representative from senate leadership from each of the 14 institutions, representing 20K+ faculty
- Advisory to the Chancellor, UT System Administration, and the Board of Regents
- Three standing committees of FAC including:
  - Governance
  - Academic Affairs
  - Health Affairs
Our Charge: to Positively Change the Equation Leading to Burnout

• FAC Health Affairs Committee had concerns -- clinical faculty workload and loss of academic time; informed Chancellor
• Dr. Greenberg indicated that Presidents of all campuses were concerned about burnout
• Chancellor and Dr. Greenberg embraced the challenge; Chancellor has a bias for action based on personal understanding of the effects of continuous combat on individuals and groups; committed to making a difference at a system level
• Dr. Greenberg involved UT Presidents who helped to underwrite the symposium; formed a Steering Committee of Administrators appointed by Presidents and FAC leadership as well as UT System Administration (Stephanie Huie, Vice Chancellor for Strategic Initiatives)
The Mission of Trying to Change the Equation Leading to Burnout-The Symposium

- Internationally recognized speakers and thought leaders
- 62 organizations represented
- Faculty and FAC representatives for all 6 University of Texas health institutions and 2 medical schools
- Distinguished Clinical Faculty Committee representing all UT Health Institutions
- Single Purpose: *To Discuss Organizational Strategies to Alleviate Burnout and Increase Wellness in Academic Medicine*
Beyond Resilience Training
Organizational Strategies to Alleviate Burnout and Increase Wellness in Academic Medicine

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